

# AUGUST 2024

## GRIEF SUPPORT CENTER

MON	TUE	WED	THU
			1
5 2:00-3:00 pm Ativo Senior Living Center Open Grief Support Meeting	6 10:30 - 11:30 am Loss of Spouse 1 Grief Support Meeting	7 2:00-3:00 pm Open Grief Support Meeting	8
12	13 10:30 - 11:30 am Grupo de Apoyo en Duelo Para Cualquier Perdida	14 2:00-3:00 pm Loss of Spouse 2 Grief Support Meeting	15 9:00 am- 10:00 am Valle del Desierto Apartments (Somerton) Grupo de Apoyo en Duelo (Para Cualquier Perdida)
19	20 10:30 - 11:30 am  Loss of Spouse 1 Grief Support Meeting	21 9:30 am San Luis Library Grupo de Apoyo en Duelo Para Cualquier Perdida 2:00-3:00 pm Open Grief Support Meeting	22
26	27 10:30 - Noon  <i>Birthday Social</i>	28 2:00-3:00 pm Loss of Spouse 2 Grief Support Meeting	29

### Grief Recovery Method 8 Week Program

This program will help you identify loss and work through the emotional pain that the loss may have caused. For more information, please call and ask for Lorenia Villaescusa or Emilia Munoz at (928) 343-2222.

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