

# JULY 2024

# GRIEF SUPPORT CENTER

MON	TUE	WED	THU
1 2:00-3:00 pm Ativo Senior Living Center Open Grief Support Meeting	2 10:30 - 11:30 am Loss of Spouse 1 Grief Support Meeting	3 2:00-3:00 pm Open Grief Support Meeting	4  Office Closed
8	9 10:30 - 11:30 am Grupo de Apoyo en Duelo Para Cualquier Perdida	10 2:00-3:00 pm Loss of Spouse 2 Grief Support Meeting	11
15	16 10:30 - 11:30 am Loss of Spouse 1 Grief Support Meeting	17 9:30 am San Luis Library Grupo de Apoyo en Duelo Para Cualquier Perdida 2:00-3:00 pm Open Grief Support Meeting	18 9:00 am- 10:00 am Valle del Desierto Apartments (Somerton) Grupo de Apoyo en Duelo (Para Cualquier Perdida)
22	23 <i>Happy birthday!</i> 	24 2:00-3:00 pm Loss of Spouse 2 Grief Support Meeting	25
29	30	31	

## Grief Recovery Method 8 Week Program

This program will help you identify loss and work through the emotional pain that the loss may have caused. For more information, please call and ask for Lorenia Villaescusa or Emilia Munoz at (928) 343-2222.

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1824 S. 8th Avenue  
Yuma, AZ 5364