

# MAY 2024

# Grief Support Center

## Notes

Happy Birthday to everyone celebrating a birthday in May. Wishing you an amazing day!

Grief Recovery Method (8 Week Program). This program will help you identify loss and work through the emotional pain that the loss may have caused. For more information, please call (928) 343-2222.

MON	TUE	WED	THU	FRI
		1 2:00-3:00 pm Open Grief Support Meeting	2	3
6 2:00-3:00 pm Ativo Senior Living Center Open Grief Support Meeting	7 10:30 - 11:30 am Loss of a Spouse "A Walk to Remember"	8 2:00-3:00 pm Survivors of Suicide (SOS)	9	10
13	14 10:30 - 11:30 am Grupo de Apoyo en Duelo Para Cualquier Perdida	15 9:30 am San Luis Library Grupo de Apoyo en Duelo Para Cualquier Perdida 2:00-3:00 pm Open Grief Support Meeting	16 9:00 am- 10:00 am Valle del Desierto Apartments (Somerton) Grupo de Apoyo en Duelo (Para Cualquier Perdida)	17
20	21 10:30 - 11:30 am Loss of a Spouse "A Walk to Remember"	22 2:00-3:00 pm Sobrevivientes de Suicidio (SOS)	23	24
27  <b>MEMORIAL DAY</b> ★★★ Remember and Honor Office Closed	28  <i>Birthday Social</i>	29	30	31